

TOGETHER

A HEALTHIER FUTURE

The Integrated Health and Care Partnership
for Pennine Lancashire

Introduction

Welcome to this edition of Together a Healthier Future's newsletter. My name is Tracy Cook-Scowen and I am the Clinical Director for Community and Wellbeing Services in Lancashire Care Foundation Trust (LCFT), which provides the community services across Blackburn with Darwen. I am also an Occupational Therapist and a member of the Pennine Lancashire Care Professionals Board.



In Pennine Lancashire we know that there is ever-increasing pressure on our health and social care systems. All health and social care services experience this pressure too. We are increasingly recognising a need to develop and provide excellent services for care and treatments outside of hospital in alternative settings such as in home settings and the community. The work driven through Together a Healthier Future is creating real tangible opportunities for all of us to come together and develop and deliver the New Model of Care across Pennine Lancashire. LCFT community teams are very involved with these developments, as we begin to move from conversation to reality.

Teams are working in a more integrated way with partners. I am really pleased to see that the primary care neighbourhoods model is gathering pace with nurses and therapists from Lancashire Care identified to join the neighbourhood area management teams and commencing joint training and familiarisation sessions with fellow managers and clinical leaders from across the Integrated Health and Care Partnership. Together our clinical and social care experts are developing and designing local services for people. Some of this work includes ensuring we provide support to care homes in a timely way when needed and making sure we are making best use of treatment rooms and clinic services for those people who are able to get out of their home and attend them. This allows more time for community nursing to spend with those people who cannot leave their own home due to their health.

We have introduced more capacity for phlebotomy in our treatments rooms and increased the number of specialist practitioners in district nursing. I am pleased to see our ambition to develop our community workforce now being realised in Pennine Lancashire. This will mean everybody having better access to nursing expertise and leadership.

Further to all of this I am assured that much more progress will be made together through the Health and Wellbeing Improvement Priorities, and we now have clinical leaders involved with the End of Life, Stroke, Falls and Frailty priority groups to take this work forward. All of these are key in ensuring we can offer safe and effective care and further improve treatment options outside of hospital in people's own homes and communities.

3 things you need to know....

- Together a Healthier Future is set up to help improve the health and wellbeing in Pennine Lancashire which includes East Lancashire and Blackburn with Darwen.
- We need everyone's help to make this work. We need everyone to look after their own health as much as they can, to make healthy choices in their lives, use services appropriately and support their families and friends to live healthy lives. Only by doing this will we all be able to achieve the changes needed.
- We are moving forward in our plans to make our services the best they can be. Our doctors, nurses, pharmacies and other health care professionals are starting to work better together and we are encouraging the development of neighbourhood teams to provide health and care services closer to people's homes.

Integrated Health and Care Partnership Updates



Please watch this short animation to find out more about Together a Healthier Future.



Neighbourhood Teams develop integrated approach to tackle physical inactivity and influence lifestyle changes for residents in Pennine Lancashire

On 7 June 2018 staff from across Pennine Lancashire Integrated Health and Care Partnership came together at Accrington Town Hall to discuss collaborative interventions to improve health, care and support within communities. [Read more.](#)

News and Events

SAVE THE DATE!

A free public festival will take place on 19 September 2018 between 1pm-6:30pm at Blackburn Cathedral.

Come and join us in celebrating our people, our communities, our volunteers, and our services here in Pennine Lancashire.

We aim to inform, engage and educate residents, encouraging them to make healthy lifestyle choices at the same time as celebrating the successes of our health and wellbeing services and the tremendous value that voluntary, community and faith organisations bring to our holistic health and wellbeing offer.

This festival will showcase the fantastic health and wellbeing provision across Pennine Lancashire from a number of organisations and community groups.

There will be a workshops, activities and performances planned to encourage people to try new things and engage with health and wellbeing services to find out more about what is going on in their area.

To find out more please email our team
ELCCG.Togetherahealthierfuture@nhs.net



The search is on for outstanding community groups

The exceptional work of voluntary groups in Pennine Lancashire could receive the royal seal of approval.

Nominations are open for next year's Queen's Awards for Voluntary Service, described as MBEs for charities, voluntary and community groups.

The Queen's Award for Voluntary Service is the highest award given to local volunteer groups across the UK to recognise outstanding work done in their own communities. It was created in 2002 to celebrate the anniversary of The Queen's coronation.

Any group doing volunteer work that provides a social, economic or environmental service to the local community can be nominated for the award. Each group is assessed on the benefit it brings to the local community and its standing within that community.

Nominations close at midnight on September 14, 2018. People can nominate [online](#) or call 0207 271 6206 for more information.



Accrington Minor Injuries Unit remains OPEN

Whilst the GP walk-in centre in Accrington Victoria Community Hospital closed on Sunday 17 June, the adjacent Minor Injuries Unit remains open.

The Minor Injuries Unit can treat:

- Broken bones
- Sprains and strains
- Wound infections
- Minor burns and scalds
- Cuts, wounds and grazes
- Insect and animal bites
- Minor eye injuries
- Minor head injuries
- Injuries to the back, shoulder and chest

Opening times are 8am to 8.30pm every day, 7 days a week. X-ray facilities also remain available as usual.

This newsletter aims to keep you up to date with everything is happening in Pennine Lancashire Integrated Health and Care Partnership as well as health and care updates in Pennine Lancashire. For further information please email ELCCG.Togetherahealthierfuture@nhs.net or visit www.togetherahealthierfuture.org.uk

